

Where to Get Help

*A State-by-State Directory for Families of
Neurodivergent Kids*

MeekDuke Books

Free edition · October 2026

A note before you start

If you're reading this, you're probably tired. Maybe you've been told to "wait and see" when everything in you says not to wait. Maybe you've made ten phone calls and gotten nine voicemails. Maybe someone just said a word about your child — autism, ADHD, developmental delay — and handed you nothing to do next.

This little book is the thing we wish someone had handed you instead.

Inside you'll find real places, in every state, that do three things: evaluate young children, treat and support them, and help *you* — the parent — figure out the system. Every phone number and website in here was checked by a real person in October 2026. If one doesn't work when you try it, we're sorry — things change fast. Skip it and try the next one on the list. There is always a next one.

You don't have to read this book cover to cover. Flip to your state. Make one call. That's enough for today.

You're doing better than you think.

— Timothy & Lyric, MeekDuke Books

How to use this book

Each state has a short list of places that can help. Every listing falls into one of three groups:

Gets your child evaluated — clinics and centers that diagnose autism, ADHD, developmental delays, and related conditions in young children. This is usually the first door.

Therapy and treatment — providers who work with your child after (or while) you're getting answers: speech therapy,

occupational therapy, behavioral support, and more.

Help and support for your family — the people in your corner.

Parent centers that explain your rights, early intervention programs that come to *you*, and nonprofits run by families who've been where you are. **Start here if you don't know where to start.** These folks exist specifically to point overwhelmed parents in the right direction, and their help is usually free.

A note on early intervention: every state runs a free program for babies and toddlers (birth to age 3) showing developmental delays. You do not need a diagnosis or a doctor's referral to call — parents can refer their own child. If your child is under 3, this is the single most useful call on your state's list.

Help anywhere in the country

These organizations work nationally. If your state's list feels thin, start here.

Center for Parent Information & Resources (CPIR)

Help and support for your family

The central hub for the national network of Parent Centers — use their "Find Your Parent Center" tool to locate free help in your state.

<https://www.parentcenterhub.org/>

Family Voices

Help and support for your family

Family-led nonprofit connecting families of children with special health care needs to support and to Family-to-Family Health Information Centers in most states.

<https://familyvoices.org/>

Autism Society of America

Help and support for your family

National autism organization with local affiliates in nearly every state, plus a National Helpline staffed by Information & Referral Specialists.

Phone: 1-800-328-8476

<https://autismsociety.org/>

ZERO TO THREE

Help and support for your family

Research-based early-childhood resources for parents of babies and toddlers — development guides, behavior tips, and programs for the first three years.

<https://www.zerotothree.org/>

Understood

Help and support for your family

Nonprofit for families navigating neurodivergence — free expert-reviewed guides on ADHD, dyslexia, IEPs, and learning differences.

<https://www.understood.org/>

MeekDuke Books

Free books

Free and low-cost books formatted for neurodivergent readers — including Wally the Werewolf Learns Patience (free) and a free family resource library.

<https://meekdukebooks.com>

Alabama

UAB Civitan-Sparks Developmental Clinics

Gets your child evaluated

University-based clinics providing comprehensive developmental, autism, and related evaluations for children by a multidisciplinary team at the University of Alabama at Birmingham.

Phone: 205-934-5471

<https://www.uab.edu/medicine/civitansparks/about/appointments>

Glenwood Behavioral Therapy Center

Therapy and treatment

Birmingham-based nonprofit providing counseling, speech therapy, occupational therapy, and psychological/developmental evaluations for children with autism, ADHD, speech delays, and behavioral needs.

Phone: (205) 939-1088

<https://glenwood.org/behavioraltherapycenter/>

Alabama Parent Education Center (APEC)

Help and support for your family

Alabama's federally funded Parent Training and Information Center — free training, information, and support for families of children with disabilities statewide.

Phone: 866-532-7660

<https://www.alabamaparentcenter.com>

Alabama Early Intervention System

Help and support for your family

Alabama's official Part C early intervention program (Alabama Department of Rehabilitation Services) — free services for infants and toddlers birth to age 3 with developmental delays or disabilities.

Phone: 1-800-543-3098

<https://www.rehab.alabama.gov/services/ei>

Autism Support of Alabama

Help and support for your family

Statewide nonprofit supporting Alabama families affected by autism — information, resources, family support, and advocacy.

Phone: 1-877-4AUTISM

<https://autism-alabama.org/>

Alaska

Pediatric Neuropsychological Services of Alaska, PC (Anchorage)

Gets your child evaluated

Comprehensive neuropsychological assessments for children and adolescents (ADHD, autism/PDD, FASD, learning disabilities).

Phone: (907) 306-6525

<http://pnsapc.com>

Alaska Behavioral Health (Anchorage/Wasilla/Fairbanks)

Therapy and treatment

Child and family therapy including PCIT, TF-CBT, MATCH, skill development, and psychiatric care.

Phone: 907-563-1000

<https://alaskabehavioralhealth.org/what-we-do/child-family-services/about-child-family-services-2/>

Stone Soup Group (Anchorage)

family-help (pti)

Alaska's statewide federally-funded Parent Training and Information Center; parent-staffed special-education support.

Phone: (907) 561-3701

<http://www.stonesoupgroup.org/>

Alaska Infant Learning Program (ILP, AK Dept of Health)

family-help (early intervention part c)

Alaska's official early-intervention program for children 0–3.

Phone: 1-877-477-3659

<https://health.alaska.gov/en/senior-and-disabilities-services/early-intervention-infant-learning/>

Arizona

SARRC — Southwest Autism Research & Resource Center

Gets your child evaluated

Internationally recognized autism nonprofit offering diagnostic evaluations and evidence-based services; free Easy Access Autism Screening by phone for children 12–36 months.

Phone: 602-340-8717

<https://autismcenter.org/ezscreen/>

Arizona Autism United (AZA United)

Therapy and treatment

Statewide nonprofit Center of Excellence for autism services — ABA therapy, speech and occupational therapy, psychological diagnostic evaluations, respite and family support across the Phoenix area and beyond.

Phone: 602-773-5773

<https://www.azaunited.org/>

Encircle Families (formerly Raising Special Kids)

Help and support for your family

Arizona's federally funded Parent Training and Information Center — parent-to-parent support, training and information for families of children with disabilities, birth to age 26, at no cost.

Phone: 602-242-4366

<https://raisingspecialkids.org>

AzEIP — Arizona Early Intervention Program

Help and support for your family

Arizona's official Part C early intervention program (Dept. of Economic Security) for infants and toddlers not meeting developmental milestones; anyone can refer a child.

Phone: 888-592-0140

<https://des.az.gov/services/developmental-disabilities/early-intervention/refer-a-child-to-azeip>

The Arc of Arizona

Help and support for your family

Advocates for the rights and full community participation of people with intellectual and developmental disabilities — connects families, influences public policy, and hosts family resources and conferences statewide.

Phone: 602-234-2721

<https://arcarizona.org/contact-us/>

Arkansas

UAMS James L. Dennis Developmental Center

Gets your child evaluated

The state's primary center for developmental diagnostic evaluations — a UAMS Health multidisciplinary team assesses children for autism, ADHD, speech delays and other developmental concerns.

Phone: 501-686-7000

<https://uamshealth.com/dennis-developmental-center/>

KIDS ABA Services

Therapy and treatment

Arkansas-based ABA therapy for children with autism, offered in clinic, at home, in school and in the community across Little Rock, Conway, Fort Smith and other cities.

Phone: 501-554-6899

<https://www.kidsabaservices.com/>

Arkansas Disability Coalition (Arkansas PTI)

Help and support for your family

Runs Arkansas's federally funded Parent Training and Information Center — free training, information and support empowering parents of children with disabilities as advocates.

Phone: 501-614-7020

<http://ardisabilitycoalition.org/project-docc/>

First Connections — Arkansas Early Intervention

Help and support for your family

Arkansas's official Part C early intervention program (under the Dept. of Education) for children under 3 with developmental delays or disabilities.

Phone: 800-643-8258

<https://dese.ade.arkansas.gov/Offices/special-education/early-childhood-special-education1/first-connections-draft>

Arkansas Autism Resource & Outreach Center (AAROC)

Help and support for your family

Statewide nonprofit giving "Hope, Direction & Support" to families of autistic individuals — information and referral, parent training, emotional support and advocacy.

Phone: 501-454-8542

<https://aaroc.org/about/our-organization/>

California

UC Davis MIND Institute

Gets your child evaluated

World-renowned neurodevelopmental institute offering autism and developmental assessments via its Massie Family Clinic.

Phone: 916-703-0300

<https://health.ucdavis.edu/mindinstitute/>

Easterseals Southern California

Therapy and treatment

Autism therapy plus OT, speech, and physical therapy; diagnostic evaluations with no referral required.

Phone: 1-855-377-2411

<https://socal.easterseals.com/get-support/areas-of-support/autism-services>

Parents Helping Parents (PHP)

family-help (pti)

One of California's regional Parent Training and Information Centers; 1:1 guidance and trainings for families. (Families can find their county's PTI via parentcenterhub.org/california/.)

Phone: 408-727-5775 / 855-727-5775

<https://php.com/contact-parents-helping-parents/>

Early Start (CA Department of Developmental Services)

family-help (early intervention part c)

California's official early-intervention program for children 0–3, delivered through regional centers.

Phone: 800-515-2229

<https://www.dds.ca.gov/services/early-start/>

Autism Society of California

Help and support for your family

Statewide nonprofit providing information, referrals, and a local-affiliate network.

Phone: 1-800-869-7069

<https://autismsocietyca.org/>

Colorado

Children's Hospital Colorado — Developmental Pediatrics

Gets your child evaluated

Hospital-based developmental pediatrics program providing comprehensive interdisciplinary evaluations for children from

infancy through adolescence — autism spectrum disorders, developmental delays, intellectual disability and related conditions.

Phone: 720-777-6630

<https://childrenscolorado.org/doctors-and-departments/departments/neuroscience-institute/programs/developmental-pediatrics/>

Firefly Autism

Therapy and treatment

Colorado nonprofit providing ABA therapy and behavioral/mental health services, from 3 months through age 21, using an assent-based, values-driven approach; also offers autism assessment and diagnostics.

Phone: 303-759-1192

<http://www.fireflyautism.org/>

PEAK Parent Center

Help and support for your family

Colorado's federally funded Parent Training and Information Center — training, information and peer support equipping families of children with disabilities (birth to 26) to advocate for their children.

Phone: 719-531-9400 (confirmed via their own site's page crawls and parentcenterhub.org)

<https://www.peakparent.org/parent-family-advocacy-supports/>

Early Intervention Colorado

Help and support for your family

Colorado's official Part C early intervention program (Dept. of Early Childhood) — free developmental evaluations for babies and toddlers birth to 3; anyone can refer a child.

Phone: 833-733-3734

https://dcfs.my.salesforce-sites.com/eicolorado/EI_QuickLinks?lang=en&p=Home&s=Make-a-Referral

Autism Society of Colorado

Help and support for your family

State affiliate of the Autism Society of America — information and referral, support groups, Autism 101 training, advocacy and community events for autistic individuals and families across Colorado.

Phone: 720-214-0794

<https://www.autismcolorado.org/contact-us>

Connecticut

Connecticut Children's Developmental-Behavioral Pediatrics

Gets your child evaluated

Children's hospital specialists who evaluate young children for autism and other developmental conditions.

Phone: 860-837-5758

<https://www.connecticutchildrens.org/specialties-conditions/developmental-behavioral-pediatrics/autism-spectrum-disorder-asd>

CCSN (Center for Children with Special Needs)

Therapy and treatment

A multidisciplinary center diagnosing and treating children with autism and other neurodevelopmental disorders.

Phone: 860-430-1762

<https://www.ccsnct.org>

Connecticut Parent Advocacy Center (CPAC)

Help and support for your family

Free training and one-on-one help for Connecticut families advocating for their children's education.

Phone: 860-739-3089

<https://cpacinc.org>

Connecticut Birth to Three

Help and support for your family

Connecticut's official early intervention system for babies and toddlers with delays or disabilities.

Phone: 1-800-505-7000

<https://www.birthe23.org>

Delaware

Nemours Swank Autism Center

Gets your child evaluated

Nemours' autism center in Delaware giving full autism evaluations and therapy for babies and children.

Phone: 800-416-4441

<https://www.nemours.org/services/swank-autism-center.html>

ABA Centers of Delaware

Therapy and treatment

ABA therapy and autism diagnosis for Delaware families, with free consultations.

Phone: 844-855-8517

<https://www.abacentersde.com>

Parent Information Center of Delaware

Help and support for your family

Delaware's parent center helping families understand special education and get services for their kids.

Phone: 302-999-7394

<https://picofdel.org>

Birth to Three Delaware

Help and support for your family

Delaware's official early intervention program for infants and toddlers with or at risk of developmental delays.

Phone: 302-283-7240 (New Castle County) / 302-424-7300 (Kent & Sussex)

<https://de.gov/birthtothree>

District of Columbia

Children's National — Center for Autism Spectrum Disorders (CASD)

Gets your child evaluated

The largest multidisciplinary pediatric autism program in the DC region — clinical psychologists, neuropsychologists, developmental pediatricians, and speech/language pathologists provide evaluation, diagnosis, and treatment for autistic youth.

Phone: 301-765-5430

<https://www.childrensnational.org/casd>

GW Speech & Hearing Center

Therapy and treatment

George Washington University's teaching clinic providing comprehensive speech, language, and hearing evaluations and therapy for all ages, including children, at reduced-cost rates.

Phone: 202-994-7360

<https://speechhearing.columbian.gwu.edu/gw-speech-hearing-center>

Advocates for Justice and Education (AJE)

Help and support for your family

The federally designated Parent Training and Information Center for DC — free trainings, individual assistance, and legal services helping families advocate in special education and health

systems.

Phone: (202) 678-8060

<https://www.aje-dc.org/>

Strong Start DC Early Intervention Program

Help and support for your family

DC's official Part C early intervention program (Office of the State Superintendent of Education) — free early intervention services for eligible children birth to age 3 with developmental delays or disabilities.

Phone: (202) 727-3665

<https://osse.dc.gov/service/strong-start-dc-early-intervention-program-dc-eip>

DC Autism Parents

Help and support for your family

A parent-run 501(c)(3) nonprofit connecting DC-area families to autism resources, support groups, workshops, and early-diagnosis navigation.

Phone: 202-271-9262

https://dcautismparents.org/learn_the_signs_act_early_dc/contact_us

Florida

Mailman Center for Child Development (University of Miami)

Gets your child evaluated

Academic center at the Miller School of Medicine providing developmental assessments, diagnostic evaluations, clinical services, and family workshops for children with developmental disabilities and special healthcare needs.

Phone: 305-243-4000

<https://umiamihealth.org/en/locations/mailman-center-for-child-development>

Hopebridge — Brandon/Sand Lake

Therapy and treatment

Provider of ABA therapy, speech, occupational, and physical therapy for children with autism and developmental delays in the Tampa/Orlando areas.

Phone: (813) 709-7989

<https://hopebridge.com/centers/sand-lake-fl/>

Family Network on Disabilities (FND)

Help and support for your family

Florida's federally funded Parent Training and Information Center — free support, training, and information for families of children with disabilities navigating special education.

Phone: (727) 523-1130

<https://fndusa.org/>

Early Steps (Florida Early Intervention)

Help and support for your family

Florida's official Part C early intervention program — free services for infants and toddlers birth to age 3 with developmental delays or disabilities, coordinated locally statewide.

Phone: 1-800-218-0001

<https://floridaearlysteps.com/>

Autism Society of Florida

Help and support for your family

State affiliate of the Autism Society of America — family support, information and referral, and advocacy for Florida's autism community.

Phone: 407-207-3388

<https://autismfl.org/contact-us>

Georgia

Marcus Autism Center

Gets your child evaluated

One of the largest clinical centers for pediatric autism — comprehensive diagnostic evaluations, clinical care, and family support for young children, affiliated with Children's Healthcare of Atlanta and Emory University.

Phone: 404-785-9400

<https://marcus.org/contact-us>

Hopebridge — Suwanee/Duluth

Therapy and treatment

Provider of ABA therapy, speech, occupational, and physical therapy for children with autism and developmental delays in the metro Atlanta area.

Phone: (470) 632-4990

<https://hopebridge.com/centers/suwanee-ga>

Parent to Parent of Georgia (P2P)

Help and support for your family

Georgia's federally funded Parent Training and Information Center — free parent support, training, and information helping families navigate special education and disability services statewide.

Phone: 770-451-5484

<https://p2pga.org/about-us/>

Babies Can't Wait (Georgia Early Intervention)

Help and support for your family

Georgia's official Part C early intervention program (Department of Public Health) — services for infants and toddlers birth to age 3 with developmental delays or disabilities.

Phone: (888) 651-8224

<https://dph.georgia.gov/Babies-Cant-Wait>

Spectrum Autism Support Group

Help and support for your family

Georgia nonprofit connecting families to autism resources, parent support groups, educational events, and community activities.

Phone: 770-239-6630

<https://spectrumautism.org/legacy-giving/>

Hawaii

Neurocognitive Testing Lab Inc. (Honolulu)

Gets your child evaluated

Neuropsychological and psychological assessments serving families on all Hawaiian Islands.

Phone: (808) 450-8925

<http://dr-efland-1914.squarespace.com/>

Brighter Strides ABA Therapy (Honolulu)

Therapy and treatment

ABA therapy for children with autism, with BCBA-designed one-to-one treatment plans (home, center, or school).

Phone: (888) 421-0788

<https://www.brighterstridesaba.com/>

Leadership in Disabilities & Achievement of Hawai'i (LDAH)

family-help (pti)

Hawaii's federally-funded Parent Training and Information Center; special-education advocacy, workshops, and support statewide.

Phone: (808) 536-9684

<https://ldahawaii.org/>

Hawai'i Early Intervention Section (HI Dept of Health)

family-help (early intervention part c)

Hawaii's official early-intervention program for children 0–3, serving all islands.

Phone: 808-594-0066 (Oahu) / 1-800-235-5477 (Neighbor Islands)

<https://health.hawaii.gov/eis/home/eiservices/>

Idaho

St. Luke's Children's Developmental and Behavioral Pediatrics (Meridian)

Gets your child evaluated

Developmental-behavioral pediatrics evaluating autism, ADHD, and developmental delays in children birth–18.

Phone: (208) 381-7312

<https://stlukesonline.org/en/specialties-services/developmental-pediatrics/>

Caravel Autism Health (Boise)

Therapy and treatment

Autism diagnostic evaluations and ABA therapy starting at 12 months.

Phone: 208-274-8543

<https://caravelautism.com/autism-center/boise/>

Idaho Parents Unlimited (IPUL)

family-help (pti)

Idaho's federally-funded Parent Training and Information Center and Family-to-Family health center.

Phone: (208) 342-5884

<https://ipulidaho.org/connect-with-us/>

Idaho Infant Toddler Program (Idaho DHW)

family-help (early intervention part c)

Idaho's official early-intervention program for children 0–3.

Phone: 208-334-0900 (Boise ITP office, from DHW's own offices page)

<https://healthandwelfare.idaho.gov/services-programs/children-families/about-infant-toddler-program>

Illinois

Ann & Robert H. Lurie Children's Hospital – Developmental & Behavioral Pediatrics

Gets your child evaluated

The Division of Developmental and Behavioral Pediatrics at Lurie Children's Hospital of Chicago specializes in diagnostic evaluation and treatment of children with developmental delays, autism, Down syndrome, and learning disabilities.

Phone: 312-227-4000

<https://www.luriechildrens.org/en/specialties-conditions/developmental-behavioral-pediatrics/>

The Place for Children with Autism

Therapy and treatment

Full-day ABA therapy centers across Chicago and the suburbs in a preschool-like environment for children with autism.

Phone: 224-436-0788

<https://theplaceforchildrenwithautism.com/autism-center-locations/chicago-aba-therapy-autism-centers>

Family Matters Parent Training and Information Center

Help and support for your family

Illinois' only federally funded Parent Training and Information Center (statewide since October 2025) — free help for families navigating special education and understanding their rights under IDEA.

Phone: 1-866-436-7842

<https://www.fmptic.org>

Illinois Early Intervention (IDHS)

Help and support for your family

Illinois' official Part C Early Intervention program for children under 3 with developmental delays — anyone can refer a child; families start through one of 25 regional Child and Family Connections offices.

Phone: 1-800-843-6154

<https://www.dhs.state.il.us/page.Aspx?item=86067>

Indiana

Riley Children's Health – Developmental Medicine

Gets your child evaluated

Riley Children's Developmental Medicine team in Indianapolis offers developmental evaluations, psychology testing, and behavioral therapy for infants, toddlers, and children, with locations statewide.

Phone: 317-944-4846

<https://www.rileychildrens.org/departments/developmental-medicine>

LittleStar ABA Therapy

Therapy and treatment

LittleStar provides ABA therapy at autism centers across Indiana (Bloomington, Carmel, Clarksville, West Lafayette, Newburgh), plus a speech therapy program.

Phone: 317-943-4300

<https://www.littlestaraba.org/about-us/locations/>

IN*SOURCE

Help and support for your family

IN*SOURCE helps Indiana parents of children with disabilities navigate the special education process and connects families to support and training.

Phone: 574-234-7101

<https://www.insource.org>

First Steps Indiana

Help and support for your family

First Steps is Indiana's official Early Intervention program (run by the Bureau of Child Development Services) for children birth to 3 — anyone can refer a child.

Phone: 1-800-457-8283

<https://www.in.gov/fssa/ddars/bcds/>

Iowa

Stead Family Children's Hospital – Autism Center (University of Iowa)

Gets your child evaluated

The University of Iowa's multidisciplinary autism team diagnoses autism and related conditions in children and provides treatment recommendations and family resources.

Phone: 855-842-8847

<https://uihc.org/childrens/services/autism>

ChildServe – Autism Program

Therapy and treatment

ChildServe's Autism Program provides ABA, speech/OT/PT, feeding, mental health, and diagnostic services under one roof at locations across Iowa.

Phone: 319-351-5437

<https://www.childserve.org/autism-services/>

ASK Resource Center

Help and support for your family

ASK Resource Center supports Iowa families of children with disabilities with information, training, mentoring, and advocacy help.

Phone: 1-800-450-8667

<https://askresource.org/>

Early ACCESS Iowa

Help and support for your family

Early ACCESS is Iowa's official Early Intervention system (lead agency: Iowa Department of Education) for infants and toddlers birth to 3 — evaluations and services at no cost to families.

Phone: 515-281-5294

<https://educate.iowa.gov/pk-12/early-childhood/early-access>

Kansas

KU Medical Center – Center for Child Health and Development

Gets your child evaluated

The Child Development Unit at KU Medical Center provides autism diagnoses, outpatient therapy, behavior support, parent/child interaction support, and speech-language pathology.

Phone: 913-588-6300

<https://www.kansashealthsystem.com/locations/child-health-and-development-kansas-city-ks>

Autism From The Start

Therapy and treatment

Autism From The Start provides autism evaluations for toddlers and preschoolers plus early-intervention ABA therapy in the Kansas City, Kansas area.

Phone: 913-608-7005 (in their site footer, confirmed via crawl of autismfromthestart.com)

<https://www.autismfromthestart.com/testing-services>

Families Together, Inc.

Help and support for your family

Families Together is Kansas' federally designated Parent Training and Information Center — free information, training, and parent-to-parent support statewide since 1982.

Phone: 800-264-6343

<https://famiestogetherinc.org/>

Kansas Early Childhood Developmental Services (KDHE)

Help and support for your family

Kansas' official Part C Early Intervention program, run by the Kansas Department of Health and Environment — contact the state office to connect with local tiny-k services.

Phone: 785-296-3319

<https://www.kdhe.ks.gov/677>

Kentucky

Norton Children's Developmental & Behavioral Pediatrics

Gets your child evaluated

A hospital-based team of developmental-behavioral pediatricians, psychologists, speech and occupational therapists that evaluates young children for autism, ADHD, developmental delays and related conditions.

Phone: 502-588-0850

<https://nortonchildrens.com/services/developmental-behavioral-pediatrics/locations/>

ABA, LLC (Applied Behavioral Advancements)

Therapy and treatment

Kentucky-based provider of Applied Behavior Analysis services for children and families, with offices in Somerset and Louisville.

Phone: 606-677-2636

<https://aba-llc.com/>

KY-SPIN (Kentucky Special Parent Involvement Network)

Help and support for your family

Kentucky's federally funded Parent Training and Information Center — free training, information and peer support for families of children with any disability, birth through age 26.

Phone: 800-525-7746

<https://kyspin.com/>

First Steps — Kentucky Early Intervention System

Help and support for your family

Kentucky's official Part C early intervention program for children birth to age 3 with developmental delays or disabilities; services include evaluation, service coordination, speech/OT/PT and developmental intervention.

Phone: 877-417-8377

<https://www.chfs.ky.gov/agencies/dph/dmch/ecdb/Pages/fsenrollment.aspx>

Louisiana

The Autism Center at Manning Family Children's

Gets your child evaluated

The hospital's autism center (formerly Children's Hospital New Orleans) gives comprehensive diagnostic evaluations for autism in children 18 months to 21 years, by licensed psychologists and a developmental-behavioral pediatrician.

Phone: 504-896-7272

<https://www.manningchildrens.org/services/behavioral-health/the-autism-center/>

The Emerge Center

Therapy and treatment

Baton Rouge nonprofit offering speech therapy, occupational therapy and ABA for children with autism and communication challenges, all under one roof.

Phone: 225-343-4232

<https://emergela.org/what-sets-emerge-apart/>

Louisiana Parent Training and Information Center (LaPTIC)

Help and support for your family

Louisiana's federally funded PTI, a project of Families Helping Families of Greater New Orleans — free peer support, training and information for families of children with disabilities statewide.

Phone: 504-888-9111

<https://fhfोगno.org/>

EarlySteps — Louisiana Early Intervention

Help and support for your family

Louisiana's official Part C early intervention program (Dept. of Health) for infants and toddlers birth to 35 months with developmental delays or qualifying medical conditions.

Phone: 225-342-0095

<http://ldh.la.gov/office-for-citizens-with-developmental-disabilities/early-steps>

Autism Society of Greater New Orleans (ASGNO)

Help and support for your family

Local affiliate of the Autism Society of America offering free information and referral, advocacy, support groups and family resources for the autism community.

Phone: 504-603-6548

<https://asgno.org/contact-us/>

Maine

Northern Light Developmental Pediatrics

Gets your child evaluated

The Bangor hospital team that evaluates babies and young kids for developmental delays, autism, and behavioral challenges.

Phone: 207-275-4263

<https://northernlighthealth.org/Our-System/Eastern-Maine-Medical-Center/Locations/Developmental-Pediatrics>

Gallant Therapy Services

Therapy and treatment

Children's therapy clinics across central Maine offering occupational, speech, and feeding therapy.

Phone: 207-623-3900

<https://maineot.com/>

Autism Society of Maine

Help and support for your family

Maine's nonprofit for autism families — support groups, resources, and someone to call with questions.

Phone: 1-800-273-5200

<https://www.asmonline.org/>

Child Development Services (CDS), Maine Department of Education

Help and support for your family

Maine's official program for free early intervention and special education services for kids birth to age 5.

Phone: 1-877-770-8883

<https://www.maine.gov/doe/node/948>

Maryland

Kennedy Krieger Center for Autism Services, Science and Innovation (CASSI)

Gets your child evaluated

A multidisciplinary autism center at Kennedy Krieger Institute providing state-of-the-art diagnostic evaluations, clinical care, and family coaching for autistic children and teens.

Phone: 443-923-7630

<https://www.kennedykrieger.org/patient-care/centers-and-programs/center-for-autism-and-related-disorders>

Verbal Beginnings

Therapy and treatment

A family-focused provider of ABA therapy, early intervention, speech and language pathology, and occupational therapy for

children with autism across Maryland.

Phone: 855-866-9893

<https://www.verbalbeginnings.com/>

The Parents' Place of Maryland (PPMD)

Help and support for your family

Maryland's federally designated Parent Training and Information Center — free help understanding special education rights, IEPs, and health systems for families of children with disabilities.

Phone: 1-800-394-5694 / 410-768-9100

<https://www.ppmd.org/>

Maryland Infants and Toddlers Program (MITP)

Help and support for your family

Maryland's official Part C early intervention program — free evaluations and services (speech, OT, PT, special instruction, home visits) for children birth through age two with developmental delays or disabilities.

Phone: (410) 767-0244

<https://www.marylandpublicschools.org/programs/Pages/Special-Education/MITP/index.aspx/1000>

Autism Society of Maryland (AUSOM)

Help and support for your family

State affiliate of the Autism Society of America — information and referral, special education guidance, support groups, and advocacy for Maryland's autism community.

Phone: 410-290-3466

<https://autismsocietymd.org/about-us/staff/>

Massachusetts

Boston Children's Hospital Developmental Medicine Center

Gets your child evaluated

A world-known children's hospital team diagnosing developmental and behavioral conditions including autism and ADHD.

Phone: 617-355-7025

<https://www.childrenshospital.org/services/developmental-medicine-center/programs-services>

Bierman Autism Centers

Therapy and treatment

ABA, speech, and occupational therapy centers for children 18 months to 9 years across Massachusetts.

Phone: 800-931-8113

<https://www.biermanautism.com/location/massachusetts/>

Federation for Children with Special Needs

Help and support for your family

Massachusetts' federally-funded parent center guiding families through special education and services.

Phone: 617-236-7210

<https://fcsn.org>

Massachusetts Early Intervention (Central Directory)

Help and support for your family

The state's official free program connecting babies and toddlers (birth to 3) with developmental help.

Phone: 1-800-905-8437

<https://massfamilyties.org/early-intervention/ei-programs-by-city/>

Michigan

University of Michigan Health – Developmental Behavioral Pediatrics Clinic

Gets your child evaluated

The Developmental Behavioral Pediatrics Clinic at C.S. Mott Children's Hospital evaluates and treats infants, children, and teens with developmental, learning, or behavioral concerns including autism and ADHD.

Phone: 734-936-9777

<http://www.uofmhealth.org/our-care/specialties-services/developmental-behavioral-pediatrics-clinic>

Centria Autism

Therapy and treatment

Centria Autism provides center-based and in-home ABA therapy for children ages 1–12, with many centers across Michigan.

Phone: 855-772-8847

<https://www.centriahealthcare.com/autism/contact-us>

Michigan Alliance for Families

Help and support for your family

Michigan's Parent Training and Information Center — connects parents with trained parent mentors who help navigate the special education system and advocate for their child.

Phone: 1-800-552-4821

<https://www.michiganallianceforfamilies.org>

Early On Michigan

Help and support for your family

Early On is Michigan's official Early Intervention system for infants and toddlers birth to 3 with developmental delays — parents can call or submit an online referral.

Phone: 1-800-327-5966

<https://1800EarlyOn.org/>

Minnesota

Masonic Institute for the Developing Brain (University of Minnesota)

Gets your child evaluated

MIDB is Minnesota's one-stop clinic for children with neurobehavioral conditions, offering autism assessment, developmental-behavioral pediatrics, neurology, psychiatry, and more.

Phone: 612-365-8400

<https://midb.umn.edu/node/1066>

Fraser

Therapy and treatment

Fraser provides intensive ABA therapy (20+ hours/week), autism assessment, speech/OT, and mental health services at clinics across the Twin Cities metro.

Phone: 612-767-7222

<https://www.fraser.org/services/autism/intensive-aba>

PACER Center

Help and support for your family

PACER Center is Minnesota's Parent Training and Information Center — helps parents of children with disabilities navigate school and other systems.

Phone: 952-838-9000

<https://www.pacer.org>

Help Me Grow Minnesota

Help and support for your family

Minnesota's official interagency early-childhood resource (Departments of Education, Health, and Human Services) connecting families to developmental screening and early

intervention.

Phone: 1-866-693-4769

<http://helpmegrowmn.org/HMG/index.htm>

Missouri

Thompson Center for Autism & Neurodevelopment (University of Missouri)

Gets your child evaluated

The Thompson Center in Columbia provides comprehensive diagnostic evaluations for autism, ADHD, and learning disorders, serving 4,500+ families a year.

Phone: 573-884-6052

<http://thompsoncenter.missouri.edu/>

AB Spectrum

Therapy and treatment

St. Louis-based AB Spectrum provides child-led ABA therapy, speech therapy, and autism evaluations for young children with autism.

Phone: 314-339-7732

<https://www.abspectrum.org/>

MPACT (Missouri Parents Act)

Help and support for your family

MPACT is Missouri's federally funded Parent Training and Information Center — training, information, and support for parents of children with disabilities.

Phone: 800-743-7634

<https://www.missouriparentsact.org>

First Steps Missouri

Help and support for your family

First Steps is Missouri's official Early Intervention system (Department of Elementary and Secondary Education) for infants and toddlers birth to 3 with developmental delays or diagnosed conditions.

Phone: 573-751-4212

<https://dese.mo.gov/childhood/early-intervention>

Autism Society of the Heartland

Help and support for your family

The Autism Society of America's affiliate for Kansas and Missouri — support groups, community events, resource directories, and advocacy for autistic people and their families across the Kansas City region.

Phone: 913-706-0042 (in ASH's site footer, confirmed via crawl of asaheartland.org)

<https://asaheartland.org>

Montana

University of Montana Clinical Psychology Center (Missoula)

Gets your child evaluated

University clinic providing psychological assessment and consultation for children, adolescents, and adults.

Phone: (406) 243-2367

<https://www.umt.edu/clinical-psychology-center/default.php>

Advanced Therapy Clinic (Billings)

Therapy and treatment

ABA, OT, PT, and speech therapy for children; also serves Wyoming (Sheridan).

Phone: 406-690-6996

<http://www.advancedtherapyclinic.com/>

Montana Empowerment Center

family-help (pti)

Montana's current federally-funded Parent Training and Information Center (replaced PLUK).

Phone: (877) 870-1190

<https://mtempowermentcenter.org/>

Montana Milestones (MT DPHHS)

family-help (early intervention part c)

Montana's official early-intervention program for children 0–3; referrals via online form.

Phone: 406-522-2261 (MT Milestones Part C Coordinator, from DPHHS's own Dispute Resolution Handbook PDF)

<https://dphhs.mt.gov/ecfsd/childcare/montanamilestones/>

Nebraska

Munroe-Meyer Institute – Autism Diagnostic Clinic (UNMC)

Gets your child evaluated

MMI's Autism Diagnostic Clinic at the University of Nebraska Medical Center provides comprehensive two-part diagnostic evaluations for children as young as 16 months through late adolescence.

Phone: 402-559-0049

<https://www.unmc.edu/mmi/services/icasd/autism-dx-clinic.html>

Munroe-Meyer Institute – Autism Care for Toddlers (ACT) Clinics

Therapy and treatment

MMI's ACT Clinics provide one-on-one ABA early intervention and caregiver training for toddlers ages 2–5 diagnosed with autism, at clinics in Omaha and Fremont.

Phone: 402-559-3716

<https://www.unmc.edu/mmi/services/icasd/act-clinic.html>

PTI Nebraska

Help and support for your family

PTI Nebraska is Nebraska's federally funded Parent Training and Information Center (since 2001) — free help for families navigating early intervention, special education, and transition services.

Phone: 800-284-8520

<https://pti-nebraska.org/>

Nebraska Early Development Network

Help and support for your family

Nebraska's official Early Intervention program for children birth to 3 with special developmental needs — connects families with services like speech, occupational, and physical therapy.

Phone: 1-888-806-6287

<https://edn.ne.gov/cms/node/183>

Nevada

University Center for Autism and Neurodevelopment (UCAN) — UNR Med

Gets your child evaluated

University of Nevada, Reno School of Medicine's multidisciplinary team offering comprehensive autism assessments at no cost to families — the only provider in Northern Nevada offering fully multidisciplinary assessment services.

Phone: 775-682-7025

<https://med.unr.edu/speech-pathology-audiology/clinics/university-center-autism>

Nevada Autism Center

Therapy and treatment

Las Vegas provider of individualized center-based ABA therapy for children — 1:1 therapy, social skills, school readiness and parent/family guidance by BCBAs and RBTs.

Phone: 702-660-2005

<https://nevadaautism.com/>

Nevada PEP (Parents Encouraging Parents)

Help and support for your family

Nevada's federally funded Parent Training and Information Center — free training, information and peer support for parents of children with disabilities statewide.

Phone: 800-216-5188

<http://nvpep.org/get-help/?amp>

Nevada Early Intervention Services (NEIS)

Help and support for your family

Nevada's official Part C early intervention program (Aging and Disability Services Division) — free evaluations and services for children birth to 3 with developmental delays or disabilities and their families.

Phone: 877-360-7045

<https://www.adsd.nv.gov/programs/idea-part-c/early-intervention-programs/>

FEAT of Southern Nevada (Families for Effective Autism Treatment)

Help and support for your family

Nonprofit of parents and professionals helping families with autistic children — support network, parent support meetings, free resources, advocacy and family events.

Phone: 702-368-3328

<http://featsonv.org/>

New Hampshire

Child Development Clinic, NH DHHS

Gets your child evaluated

A statewide network that evaluates babies and young children (birth to age 6) suspected of developmental delays.

Phone: 603-271-4488

<https://www.dhhs.nh.gov/programs-services/disability-care/developmental-services/children-special-health-care-needs-0>

Reach for the Top Therapy Services

Therapy and treatment

Nonprofit in Dover giving kids occupational, physical, speech, and mental health therapy with the family at the center.

Phone: 603-740-3534

<https://reachfft.org>

Parent Information Center (PIC) of New Hampshire

Help and support for your family

Free guidance for NH families navigating special education, early supports, and health care for their children.

Phone: 603-224-7005

<https://picnh.org>

Birth to 3: Family Centered Early Supports & Services

Help and support for your family

New Hampshire's free early intervention program coaching families of babies and toddlers with or at risk for delays.

Phone: 603-271-3770

<https://www.dhhs.nh.gov/programs-services/disability-care/developmental-services/birth-3-family-centered-early-supports-1>

New Jersey

Children's Specialized Hospital — Developmental Behavioral Pediatrics

Gets your child evaluated

New Jersey's leading children's rehabilitation hospital evaluating young children with developmental and behavioral concerns.

Phone: 888-244-5373

<https://www.rwjbh.org/childrens-specialized-hospital/treatment-care/pediatric-therapy-services/developmental-behavioral-pediatrics/developmental-behavioral-pediatrics-locations/>

Bierman Autism Centers

Therapy and treatment

ABA, speech, and occupational therapy for children 18 months to 9 years at centers across New Jersey.

Phone: 800-931-8113

<https://www.biermanautism.com/location/new-jersey/>

SPAN Parent Advocacy Network

Help and support for your family

New Jersey's parent center — free help, workshops, and a family warmline for parents of kids with disabilities.

Phone: 973-642-8100

<https://spanadvocacy.org>

New Jersey Early Intervention System (NJEIS)

Help and support for your family

New Jersey's official free early intervention program for infants and toddlers with developmental delays.

Phone: 1-888-653-4463

<http://www.nj.gov/health/fhs/eis>

New Mexico

UNM Center for Development & Disability — Autism Spectrum Evaluation Clinic

Gets your child evaluated

The University of New Mexico's multidisciplinary autism clinic offers diagnostic evaluation, assessment, case management and therapeutic intervention for children age 3 and older, with psychology, pediatrics, psychiatry and speech-language pathology providers.

Phone: 505-272-3000

<https://hsc.unm.edu/cdd/clinics/autism-evaluation.html>

JumpStart Autism Collective

Therapy and treatment

New Mexico provider offering autism evaluations and personalized, evidence-based ABA therapy, with a team of licensed psychologists, board-certified behavior analysts and therapists.

Phone: 505-828-3837

<https://jumpstartaba.com/>

Parents Reaching Out (PRO)

Help and support for your family

New Mexico's federally funded Parent Training and Information Center — support, training and tools for families and youth with

disabilities or complex medical needs, covering early childhood, education and healthcare.

Phone: 505-247-0192

<https://parentsreachingout.org/>

FIT — Family Infant Toddler Program

Help and support for your family

New Mexico's official Part C early intervention program (Early Childhood Education & Care Department) — free evaluations and family-centered early intervention services for babies and toddlers with developmental delays or disabilities, regardless of income or citizenship.

Phone: 800-832-1321

<https://www.nmececd.org/family-infant-toddler-fit-program/>

The Arc of New Mexico

Help and support for your family

Community-based nonprofit advocating for and serving people with intellectual and developmental disabilities and their families statewide — disability advocacy, direct support, resources and special needs trusts.

Phone: 505-883-4630

<http://arcnm.org/special-needs-trust/>

New York

Center for Autism and the Developing Brain, New York-Presbyterian

Gets your child evaluated

An NYP center in White Plains giving full autism evaluations and treatment with a whole team of specialists.

Phone: 914-997-5848

<https://www.nyp.org/psychiatry/center-for-autism-the-developing-brain/meet-our-team>

Autism Care Partners (Brooklyn)

Therapy and treatment

An ABA therapy center for children ages 2–6 in Brooklyn, offering diagnosis plus speech and occupational therapy.

Phone: 800-679-3609

<https://autismcarepartners.com/brooklyn/>

INCLUDEnyc

Help and support for your family

New York City's parent center helping families of young people with disabilities with school, services, and their rights.

Phone: 212-677-4660

<https://www.includenyc.org>

New York State Early Intervention Program

Help and support for your family

The state's official free program for babies and toddlers with disabilities — your county connects you to services.

Phone: 518-473-7016

https://health.ny.gov/community/infants_children/early_intervention/

North Carolina

Duke Center for Autism and Brain Development

Gets your child evaluated

A university-based autism research and clinical center providing comprehensive diagnostic evaluations for young children, along with family support and research opportunities.

Phone: 919-681-7148

<https://autismcenter.duke.edu/contact-us>

ABS Kids — Concord

Therapy and treatment

Provider of ABA therapy and related services for children with autism, with clinic, home, and community-based services in the Charlotte/Concord area.

Phone: (704) 780-4271

<https://abskids.com/locations/concord/>

Exceptional Children's Assistance Center (ECAC)

Help and support for your family

North Carolina's federally funded Parent Training and Information Center — free training, support, and information for families of children with disabilities statewide.

Phone: (800) 962-6817

<https://ecac-parentcenter.org/parent-training-and-information-center-pti/>

NC Early Intervention Section (Infant-Toddler Program)

Help and support for your family

North Carolina's official Part C early intervention program — the state office of the Infant-Toddler Program coordinating free services for children birth to age 3 with developmental delays or disabilities.

Phone: 919-707-5520

<https://www.ncdhhs.gov/divisions/child-and-family-well-being/north-carolina-infant-toddler-program-nc-itp/nc-early-intervention-section-office-directory>

Autism Society of North Carolina

Help and support for your family

State affiliate of the Autism Society of America — information and referral, family support, advocacy, and community programs across North Carolina.

Phone: 800-442-2762

<https://autismsociety-nc.org/>

North Dakota

Full Circle Pediatric Solutions (Fargo)

evaluate + treat

All-in-one pediatric clinic offering neuropsychological assessment plus ABA, speech, OT, and mental-health services.

Phone: (701) 478-0221

<https://fullcirclepediatric.com/en/about-us/>

Pathfinder Services of North Dakota (Minot)

family-help (pti)

North Dakota's designated federally-funded Parent Training and Information Center.

Phone: 701-837-7500

<http://pathfinder-nd.org/>

Right Track (ND DHHS)

family-help (early intervention part c)

North Dakota's official early-intervention program for children 0–3; free screenings and home visits.

Phone: 800-755-8529 (ND State Office, from ND DHHS's own Right Track brochure PDF)

<https://www.hhs.nd.gov/sites/www/files/documents/DHS>

Family Voices of North Dakota

Help and support for your family

Family-led nonprofit supporting families of children with special health-care needs and disabilities.

Phone: 888-522-9654

<https://fvnd.org/>

Ohio

Nationwide Children's Hospital – Center for Autism Spectrum Disorders

Gets your child evaluated

The autism center at Nationwide Children's Hospital in Columbus evaluates young children for autism and offers ABA, behavioral, and family support programs.

Phone: 614-355-7570

<https://www.nationwidechildrens.org/specialties/center-for-autism-spectrum-disorders>

Hopebridge – Milford, OH

Therapy and treatment

Hopebridge's Milford center provides diagnostic evaluations plus ABA, occupational, speech, and feeding therapy for children under 10, with locations across Ohio.

Phone: 513-831-2578

<https://www.hopebridge.com/centers/milford-oh>

Ohio Coalition for the Education of Children with Disabilities (OCECD)

Help and support for your family

OCECD, Ohio's federally funded Parent Training and Information Center since 1984, helps families of children with disabilities understand their rights and navigate services.

Phone: 844-382-5452

<https://ocecd.org/>

Ohio Early Intervention

Help and support for your family

Ohio's official Early Intervention program for infants and toddlers birth to 3 with developmental delays — anyone (including

parents) can make a referral.

Phone: 1-800-755-4769

<https://ohioearlyintervention.org>

Oklahoma

Child Study Center — Oklahoma Children's OU Health

Gets your child evaluated

Developmental-behavioral pediatrics team providing assessment, diagnosis and treatment of ADHD, autism, developmental delays and behavioral difficulties in children and teens.

Phone: 572-244-0059

<https://www.ouhealth.com/find-a-location/oklahoma-childrens-hospital-child-study-center/>

Mindful Play ABA (formerly Integrated Brain Health)

Therapy and treatment

Oklahoma-based clinic offering play-based ABA, occupational therapy, speech therapy and diagnostic assessment for children, accepting most insurance including SoonerCare.

Phone: 405-702-9032

<https://ibhealth.co/>

Oklahoma Parents Center (OPC)

Help and support for your family

Oklahoma's statewide federally funded Parent Training and Information Center — free one-on-one help, trainings and resources for families of children with disabilities, birth to 26.

Phone: 877-553-4332

<https://oklahomaparentscenter.org/>

SoonerStart — Oklahoma Early Intervention

Help and support for your family

Oklahoma's official Part C early intervention program for infants and toddlers (birth to 3) with developmental delays or disabilities; free to families regardless of income.

Phone: 405-426-8494

<https://oklahoma.gov/health/services/children-family-health/sooner-start.html>

Oklahoma Autism Network (OAN)

Help and support for your family

University of Oklahoma Health Sciences Center program serving as a central point of information for Oklahomans affected by autism — website resources, toll-free number, provider directory, parent and professional trainings.

Phone: 405-271-7476

<https://okautism.org/Advocacy>

Oregon

OHSU Doernbecher Child Development and Rehabilitation Center (CDRC)

Gets your child evaluated

Multidisciplinary developmental evaluations at Oregon's academic children's hospital.

Phone: 503-346-0640 / 877-346-0640 (both on ohsu.edu intake PDF)

<https://www.ohsu.edu/doernbecher/child-development-and-rehabilitation-center>

Neurotherapeutic Pediatric Therapies (nt4kids.org)

Therapy and treatment

Nonprofit pediatric therapy provider focused on removing financial barriers for families.

Phone: (503) 657-8903

<https://www.nt4kids.org/>

FACT Oregon

family-help (pti)

Oregon's federally-funded Parent Training and Information Center; peer-led special-education support.

Phone: 503-786-6082 / 1-888-988-3228

<https://factoregon.org/fact-support-line>

Oregon Early Intervention / Early Childhood Special Education (ODE, Part C)

family-help (early intervention part c)

Oregon's official early-intervention program for children 0–3 with developmental delays.

Phone: (503) 947-5600

<https://www.oregon.gov/ode/students-and-family/SpecialEducation/earlyintervention/Pages/default.aspx>

Autism Society of Oregon

Help and support for your family

Statewide nonprofit providing autism resources, advocacy, and support groups.

Phone: 1-888-288-4761

<https://autismsocietyoregon.org/>

Pennsylvania

Children's Hospital of Philadelphia — Division of Developmental and Behavioral Pediatrics

Gets your child evaluated

CHOP's team diagnosing autism, ADHD, and developmental delays in children.

Phone: 215-590-7500

<https://www.chop.edu/centers-programs/developmental-and-behavioral-pediatrics/locations>

Kutamani Developmental Services

Therapy and treatment

Warm, one-on-one ABA therapy for Pennsylvania kids, at home, in schools, and in the community.

Phone: 844-537-7473

<https://kutamani.org/>

PEAL Center

Help and support for your family

Pennsylvania's parent center helping families advocate for their children's special education rights.

Phone: 412-281-4404

<https://www.pealcenter.org>

Pennsylvania Early Intervention (CONNECT)

Help and support for your family

Pennsylvania's free statewide early intervention referral line for children from birth to age 5.

Phone: 1-800-692-7288

<https://www.pa.gov/services/dhs/make-a-referral-for-early-intervention-services>

Rhode Island

Children's Neurodevelopment Center, Hasbro Children's Hospital

Gets your child evaluated

Brown-affiliated center in Providence evaluating and treating children with neurological, developmental, and behavioral disorders.

Phone: 401-444-5685

<https://www.brownhealth.org/centers-services/childrens-neurodevelopment-center>

Bierman Autism Centers

Therapy and treatment

ABA, speech, and occupational therapy for young children at centers across Rhode Island.

Phone: 401-409-2608

<https://www.biermanautism.com/location/cranston-ri/>

RIPIN (Rhode Island Parent Information Network)

Help and support for your family

Rhode Island's parent center — peer support and guidance on special education and health care.

Phone: 401-270-0101

<https://www.ripin.org>

Rhode Island Early Intervention Program

Help and support for your family

The state's free program evaluating and supporting infants and toddlers with developmental delays.

Phone: 401-462-3425

<https://eohhs.ri.gov/Consumer/FamilieswithChildren/EarlyIntervention.aspx>

South Carolina

MUSC Children's Health Developmental Behavioral Services

Gets your child evaluated

Developmental-behavioral pediatricians, psychologists, and child psychiatrists at MUSC's children's hospital evaluating children

with autism, ADHD, learning, and behavioral conditions.

Phone: 843-792-1414

<https://www.getcare.muschealth.org/locations/sc/charleston/musc-children-s-health-developmental-behavioral-services-at-shawn-jenkins-children-s-hospitaldep-fac466>

ABS Kids — Columbia

Therapy and treatment

Provider of ABA therapy for children with autism, with clinic-based and in-home services in the Columbia area.

Phone: (803) 335-0718

<https://abskids.com/locations/columbia/>

Family Connection of South Carolina

Help and support for your family

South Carolina's federally funded Parent Training and Information Center — free support, training, and family-to-family connections for families of children with disabilities or special healthcare needs.

Phone: 1-800-578-8750

<https://familyconnectionsc.org/>

BabyNet (SC Early Intervention)

Help and support for your family

South Carolina's official Part C early intervention program (SC DHHS) — free services for children birth to age 3 with developmental delays or disabilities.

Phone: (866) 512-8881

<https://scdhhs.gov/resources/programs-and-initiatives/babynet>

Autism Society of South Carolina

Help and support for your family

State affiliate of the Autism Society of America — support groups, family resources, and advocacy for South Carolina's autism

community.

Phone: 803-750-6988

<https://scautism.org/>

South Dakota

USD Center for Disabilities — Autism Spectrum Disorder Clinic (Sanford School of Medicine, Sioux Falls)

Gets your child evaluated

Interdisciplinary ASD diagnosis (DSM-5) for all ages at a university medical center.

Phone: 800-658-3080 / 605-357-1439

<https://www.usd.edu/Academics/Colleges-and-Schools/sanford-school-of-medicine/Research-and-Outreach-Centers/Center-for-Disabilities/Programs-and-Services/Autism-Spectrum-Disorder>

ARC ABA Therapy and Behavior Consultants (Sioux Falls)

Therapy and treatment

BCBA-owned provider offering in-home, clinic-based, and community-based ABA plus parent training.

Phone: 605-607-6557

<https://arcabatherapy.com/>

South Dakota Parent Connection (Sioux Falls/Rapid City)

family-help (pti)

South Dakota's federally-funded Parent Training and Information Center; free info, training, and 1:1 support.

Phone: (605) 361-3171

<https://sdparent.org/contact-us/>

SD Birth to Three (SD Department of Education)

family-help (early intervention part c)

South Dakota's official early-intervention program for children birth–36 months.

Phone: 800-305-3064 / (605) 773-3678

<http://DOE.SD.GOV/Birthto3/>

Tennessee

Vanderbilt Children's Developmental Medicine (Monroe Carell)

Gets your child evaluated

Developmental-behavioral pediatricians, psychologists, and specialists at Monroe Carell Jr. Children's Hospital evaluating and treating children with autism, developmental delays, and behavioral challenges.

Phone: (615) 936-0249

<https://www.childrenshospitalvanderbilt.org/locations/vanderbilt-childrens-developmental-medicine>

Siskin Children's Institute

Therapy and treatment

Chattanooga/Nashville nonprofit providing autism evaluations, ABA therapy, speech, occupational, and physical therapy for children with special needs.

Phone: 423-490-7776

<https://www.siskin.org/autism-diagnosis/>

TNSTEP

Help and support for your family

Tennessee's only federally designated Parent Training and Information Center — free training and one-on-one support helping families of children with disabilities birth to 26 understand

special education rights.

Phone: 800-280-7837

<https://tnstep.info/>

Tennessee Early Intervention System (TEIS)

Help and support for your family

Tennessee's official Part C early intervention program — free services for infants and toddlers with developmental delays or disabilities.

Phone: (800) 852-7157

<https://www.tn.gov/disability-and-aging/disability-aging-programs/teis.html>

Autism Society of East Tennessee

Help and support for your family

Local affiliate of the Autism Society of America — resources, conferences, social programs, and community support for the autism community in East Tennessee.

Phone: 865-247-5082

<http://www.asaetc.org/>

Texas

Texas Children's Hospital Autism Program

Gets your child evaluated

The hospital's Autism Program provides comprehensive diagnostic evaluations and care for children with autism, through Developmental Pediatrics, Psychology and the Meyer Center for Developmental Pediatrics.

Phone: 832-822-1900

<https://www.texaschildrens.org/departments/autism>

Action Behavior Centers

Therapy and treatment

Texas-based ABA therapy provider for children with autism (in-center, at-home and autism evaluation support), with locations across DFW, Houston, San Antonio, Austin and El Paso.

Phone: 469-808-1101

<https://www.actionbehavior.com/location/texas/grand-prairie-epic>

Partners Resource Network

Help and support for your family

Texas's federally funded parent training and information center network — free help for families of children with disabilities on special education rights and navigating services, in English and Spanish.

Phone: 1-800-866-4726

<https://www.prntexas.org/about-prn>

Texas Early Childhood Intervention (ECI)

Help and support for your family

Texas's official Part C early intervention program (Health and Human Services) for children birth to 36 months with developmental delays or disabilities; no diagnosis needed to refer.

Phone: 877-787-8999

<https://www.hhs.texas.gov/services/disability/early-childhood-intervention-services/make-a-referral-eci>

Autism Society of Texas

Help and support for your family

State affiliate of the Autism Society of America — free information and referrals, education, support and enrichment groups, and state and national advocacy.

Phone: 512-479-4199

<https://www.texasautismsociety.org/about-us/>

Utah

University of Utah Developmental Assessment Clinics (DAC)

Gets your child evaluated

University of Utah Health's team-based developmental assessment program for infants, children and teens with developmental concerns — developmental pediatrics, psychology, speech, OT/PT and care coordination.

Phone: 801-587-2255

<https://healthcare.utah.edu/pediatrics/programs-services/udac>

Bridgeway Integrated Healthcare Services (formerly Utah Behavior Services)

Therapy and treatment

Utah provider of integrated ABA therapy, mental health services and psychological evaluations for children — in-home ABA available across 11 counties from 8 centers statewide.

Phone: 801-255-5131

<http://www.utahbehaviorservices.com/>

Utah Parent Center

Help and support for your family

Utah's federally funded Parent Training and Information Center — parent-to-parent support, workshops and training on special education and advocacy for families of children with disabilities statewide.

Phone: 801-272-1051

<https://utahparentcenter.org/wp-content/uploads/2023/08/PTI-annual-workshop-flyer-23-24.pdf>

Baby Watch Early Intervention Program

Help and support for your family

Utah's official Part C early intervention program (Dept. of Health & Human Services) — free developmental evaluations and family-coaching-model services for infants and toddlers birth to 3 with developmental delays or disabilities.

Phone: 800-961-4226

<https://familyhealth.utah.gov/oec/baby-watch-early-intervention/>

Kids on the Move

Help and support for your family

Utah nonprofit (since 1984) serving children with developmental delays and disabilities through early intervention, autism services, preschool, childcare and respite — plus an Autism Therapy Scholarship Fund for families.

Phone: 801-221-9930

<https://kotm.org/from-awareness-to-belonging-autism-acceptance-and-support-in-utah/>

Vermont

Vermont Center for Children, Youth and Families (UVM Health)

Gets your child evaluated

UVM's Burlington center that evaluates children and teens for developmental, behavioral, and emotional challenges.

Phone: 802-847-7998

<https://www.uvmhealth.org/locations/vermont-center-for-children-youth-and-families-golisano-childrens-hospital-at-university-of-vermont>

Howard Center Autism Spectrum Program

Therapy and treatment

Burlington-area program giving children and youth with autism intensive, personalized behavioral and skill-building support.

Phone: 802-488-6000

<https://howardcenter.org/welcome/>

Vermont Family Network

Help and support for your family

Vermont's family support network helping parents of children with disabilities find resources and speak up for their kids.

Phone: 802-876-5315

<https://www.vermontfamilynetwork.org>

Children's Integrated Services (CIS) Early Intervention

Help and support for your family

Vermont's official early intervention program for infants and toddlers with developmental delays.

Phone: 1-800-649-2642

<http://dcf.vermont.gov/services/cis/IDEA>

Virginia

Children's Hospital of Richmond at VCU — Developmental Pediatrics

Gets your child evaluated

Developmental pediatricians, psychologists, and education specialists providing comprehensive multidisciplinary assessments and evaluations for ADHD, autism, communication disorders, developmental delays, and learning disabilities.

Phone: (804) 828-2467

<http://www.chrichmond.org/>

The Faison Center

Therapy and treatment

Richmond-based nonprofit providing diagnostic evaluations, early intervention, ABA, speech therapy, and educational services for

children and adults with autism and related challenges.

Phone: (804) 612-1947

<https://www.faisoncenter.org/>

PEATC (Parent Educational Advocacy Training Center)

Help and support for your family

Virginia's federally funded Parent Training and Information Center — free, confidential help with special education questions, workshops, and family advocacy training statewide.

Phone: 703-923-0010

<https://peatc.org/contact/>

Autism Society of Central Virginia (ASCV)

Help and support for your family

Local affiliate of the Autism Society of America — support groups, social and recreational programming, education workshops, and family resources for Central Virginia's autism community.

Phone: (804) 257-0192

<http://www.ascv.org/>

Fairfax County Infant and Toddler Connection (ITC)

Help and support for your family

Northern Virginia's local Part C early intervention system under Virginia's statewide ITC program — free early intervention services for children birth to 36 months with developmental delays or disabilities.

Phone: 703-246-7165

<https://www.fairfaxcounty.gov/neighborhood-community-services/itc>

Washington

Seattle Children's Autism Center

Gets your child evaluated

Comprehensive diagnostic autism evaluation at Seattle Children's; referral-based intake.

Phone: 206-987-8080

<https://www.seattlechildrens.org/clinics/autism-center/contact-location/>

Kindering

Therapy and treatment

Early-intervention agency providing pediatric therapies (speech, OT, feeding, play) for children birth–11.

Phone: (425) 747-4004

<https://kinding.org/contact-us/>

PAVE (Partnerships for Action, Voices for Empowerment)

family-help (pti)

Washington's federally-funded Parent Training and Information Center; special-education navigation and peer support statewide.

Phone: (253) 565-2266 / 1-800-5-PARENT

<https://wapave.org/>

Early Support for Infants and Toddlers (ESIT), WA DCYF

family-help (early intervention part c)

Washington's official early-intervention program for children 0–3 with developmental delays.

Phone: 1-800-322-2588 — Help Me Grow hotline

<https://dcyf.wa.gov/services/child-development-supports/esit>

Autism Society of Washington

Help and support for your family

Statewide nonprofit offering support, referrals, and connection to local autism communities.

Phone: (360) 493-6527

<https://www.autismsocietyofwa.org/contact-us>

West Virginia

WVU Medicine Golisano Children's Neurodevelopmental Center

Gets your child evaluated

Multidisciplinary neurodevelopmental clinic providing diagnostic evaluations and developmental assessments for autism, ADHD, and intellectual/developmental disabilities in children.

Phone: 304-598-4300

<https://wvumedicine.org/our-care/institutes/childrens/our-care/center-of-excellence/neuroscience-center/neurodevelopmental-center/>

Cornerstone Pediatric Center

Therapy and treatment

Specialized pediatric therapy clinic focused on occupational therapy and speech therapy for children with autism, sensory processing issues, developmental delays, and other special needs.

Phone: (304) 842-0044

<http://www.cornerstonepediatriccenter.com/>

West Virginia Parent Training and Information (WVPTI)

Help and support for your family

West Virginia's federally funded Parent Training and Information Center — free information, training, and support helping families of children with disabilities birth through age 26 navigate special education.

Phone: (304) 997-8316 281-1436)

<https://wvpti-inc.org/>

WV Birth to Three

Help and support for your family

West Virginia's official Part C early intervention system — free services and supports for infants and toddlers under age 3 with developmental delays or disabilities and their families.

Phone: (304) 558-5388 642-8522)

<https://www.wvdhhr.org/Birth23/Default.asp>

Autism Society of West Virginia (Corridor Chapter)

Help and support for your family

State affiliate of the Autism Society of America with local chapters connecting WV families to support, resources, and community across the state.

Phone: (304) 622-3552

https://westvirginia-autism-society.org/?page_id=21

Wisconsin

Waisman Center – Autism and Developmental Disabilities Clinic (UW–Madison)

Gets your child evaluated

The Waisman Center's interdisciplinary clinic provides diagnosis and clinical care for children with autism, intellectual disability, fragile X, and other developmental disabilities.

Phone: 608-915-0680

<https://www.waisman.wisc.edu/clinics/autism-dd/>

Caravel Autism Health – West Madison

Therapy and treatment

Caravel provides autism diagnostic evaluations and clinic-based ABA therapy for children as young as 12 months, with parent/caregiver coaching, at centers across Wisconsin.

Phone: 608-523-9037

<https://caramelautism.com/autism-center/west-madison/>

WI FACETS

Help and support for your family

Wisconsin's federally funded parent center — free information, training, and support connecting families of children with disabilities to resources.

Phone: 877-374-0511

<https://wifacets.org>

Wisconsin Birth to 3 Program

Help and support for your family

Wisconsin's official Early Intervention program (IDEA Part C) for children under 3 with developmental delays or disabilities — available in every county.

Phone: 608-267-6767

<https://www.dhs.wisconsin.gov/birthto3/family/index.htm>

Wyoming

Child Development Center of Natrona County (Casper)

Gets your child evaluated

Free developmental screenings for children 0–5; regional early-intervention provider.

Phone: (307) 235-5097

<https://cdccasper.org/screenings/>

Sensational Kids Pediatric Therapy (Casper/Cheyenne/Gillette/Sheridan)

Therapy and treatment

Pediatric OT, speech, and physical therapy with sensory-processing expertise.

Phone: (307) 234-9360

<https://www.wyomingsensationalkids.com/contact-us>

Parent Information Center of Wyoming (PIC)

family-help (pti)

Wyoming's federally-funded Parent Training and Information Center; IEP support and trainings.

Phone: (307) 684-2277

<http://www.wpic.org/>

Wyoming Early Intervention and Education Program (EIEP, WY Dept of Health)

family-help (early intervention part c)

Wyoming's official early-intervention program: free screenings and services birth–5.

Phone: (866) 571-0944 / (307) 777-7656

<https://health.wyo.gov/behavioralhealth/early-intervention-education-program-eiep/information-for-parents/>

About MeekDuke Books

MeekDuke Books is a small family publisher making books for neurodivergent readers — people whose brains work differently, including the kids this directory is for. Our books are formatted for struggling readers first: bigger spacing, cleaner layouts, no walls of tiny text.

This directory is free, and it always will be. If the listings in your state helped you, the best thank-you is passing this book to the next tired parent.

Find our free library at meekdukebooks.com.

A note about this directory

Every listing in this book was verified in October 2026: each website was opened and confirmed, and each phone number was checked against the organization's own published information. Listings that couldn't be verified were left out.

Even so — phone numbers change, programs move, websites get redesigned. If something in here doesn't work, please don't give up on the search. Try the next listing, or call your state's Parent Center (listed under your state) and ask them where to go. Helping you find the right door is literally their job, and it's free.

*Where to Get Help: A State-by-State Directory for Families of
Neurodivergent Kids*

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